

FEATURES



86



38



50

From the Merrimack to the Seine

Rebecca Spolarich contemplates the Americanization of Paris.

22

300 and Counting...Catching up with Billerica Native Tom Glavine

In the wake of pitching his 300th win (as a Met) and on the verge of starting his 2008 season with the Braves, Tom Glavine speaks with Gregory L. Norris about reaching this milestone and growing up in the Merrimack Valley.

38

King of the Ice

In her first year as head coach of the Boston College women's ice hockey team, former Olympian and Salem resident Katie King speaks with Gregory L. Norris about her life on the ice.

40

Yoga: A Mental and Physical Massage

In part 2 of our yoga series, Anne Broyles introduces us to some of the more specialized yoga practices found in Southern New Hampshire.

44

Celebrating Our Roots

In preparation for St. Patrick's Day, Andy Smith tours some of the Valley's most authentic Irish pubs.

50

A Taste of Sugar on Turtle Lane

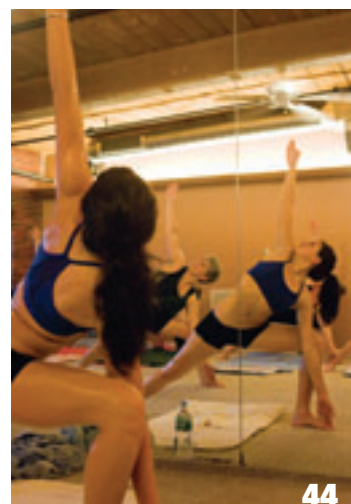
While some people tap trees for profit, others, including Paul Boulanger and Kathy Gallagher, do it for a simple love of the hobby and desire to educate the community. Barbara C. Bourassa visits Turtle Lane Maple Farm in North Andover.

68

The Early Bird Gets the Picture

Wildlife photography requires not only incredible skill, but patience. Jim Fenton exhibits both in his work, which can be seen in this photo essay focusing on the activity of some Valley critters during late winter and early spring. (With text by Dorothy Jeffrey)

86



44



68

Cover Image by Jim Fenton

"Sweet-sweet-sweet-I'm-so-sweet," announces this handsome Yellow Warbler from his North Andover perch.

Contents

MARCH/APRIL 2008

Merrimack
Valley
MAGAZINE

DEPARTMENTS



CULTURE

- A Portrait of the Valley** 56
"Remnants of a Session" by Kevin Harkins
- Native Prose** 57
"In Irish Eyes" by Áine Greaney
- Spotlight on the Arts** 58
From Fort Point to Shattuck Street: The Revolving Museum, by Andy Smith
- Creative Minds** 60
Painting the Happily Ever After, by Andy Smith
- Words in Review** 62
Save Your Own, reviewed by Michelle Xiarhos Curran
- Musician Profile** 63
Brett Cromwell interviews members of the up-and-coming band, Annafair.
- River Roundup** 64
Your definitive guide to arts and entertainment in the Valley, by Gillian Roberta Swart

COMMUNITY

- Happenings** 12
Recent events and notable people in the Merrimack Valley, by Gillian Roberta Swart
- Community Spotlight** 24
Chris Markuns looks at the inspiration behind Jayme's Fund for Social Justice.
- Get Outside** 30
Chris Markuns tells us why Harold Parker State Forest is the perfect spot for a late winter or early spring jaunt in the great outdoors.
- Downtown** 32
In "Shopping by Design," Michelle Xiarhos Curran takes us to some of the best home design and accessory stores in Newburyport and Amesbury.
- In the Garden** 36
Have you ever considered starting your own plants from seed? We tell you why and how to get started this spring.
- Remembrances** 84
Gillian Roberta Swart interviews Nesmith House and Lowell historian Catherine Goodwin.



CUISINE

- Wine Notes** 72
Peter D. Oldak takes us to New Hampshire's Candia Vineyards.
- Good Eats** 74
Betsey Beaven visits The Andover Inn.
- Dining Guide** 76
A directory of restaurants and recipes that appeal to all tastes

COLUMNS

- Practical Matters** 26
Maximizing the Value of Your Home, contributed by Janet McLennan
- In Good Health** 28
Healing Heel Pain, contributed by Dr. Teresa Burtoft